

CURRICULUM VITAE
Brian Brandon Gilmer, MD, FAAOS, FABOS, FAANA

Contact Information

Work Address: Mammoth Hospital
85 Sierra Park Rd
PO Box 660
Mammoth Lakes, CA 93546

Swift Orthopedic Institute
9990 Double R Blvd Ste. 201
Reno, NV 89521

Mailing Address: 1010 Skyline Blvd.
Reno, NV 89509

Phone: 281-923-4339
Email: bbgilmer@gmail.com
Work Email: bgilmer@theswiftinstitute.com
brian.gilmer@mammothhospital.com
bgilmer@unr.edu

Facebook: *Brian Gilmer, MD, Mammoth Orthopedic Institute*

Languages: English, Spanish,

Employment and Consulting

Hale Opihi Owner	Waimea, HI	01/2023-present
Swift Orthopedic Institute	Reno, NV	10/2022-present
Tahoe Forest Hospital	Truckee, CA	1/2021-1/2022
Reno Orthopedic Clinic	Reno, NV	10/2019-10/2020
Mammoth Lakes Hospital Mammoth Orthopedic Institute	Mammoth Lakes, CA	8/2014-present
Nevada Sage Medical Consulting Owner	Reno, NV	01/2020-present
BK Gilmer Properties Owner	Reno, NV	01/2020-present
Arthrex, Inc. Clinical Consultant		8/2018-present
Doximity: Online Network for Clinicians Doximity Op(M)ed Fellow		7/2018-7/2019 7/2022-7/2023
Mountain Sol Yoga Studio Owner	Mammoth Lakes, CA	3/2016-6/2019

Education

Texas A&M University, B.A., English, Magna Cum Laude Minor – Spanish University Honors	College Station, TX	8/2000-5/2004
---	---------------------	---------------

University of Texas Medical Branch, M.D., Summa Cum Laude Class Speaker, graduation 5/31/2008	Galveston, TX	8/30/2004-5/23/2008
---	---------------	---------------------

Post Graduate Education and Training

University of Washington Internship - General Surgery	Seattle, WA	7/1/2008-6/30/2009
University of Washington Residency - Orthopaedic Surgery	Seattle, WA	7/1/2009-6/30/2013
Taos Orthopaedic Institute Fellowship – Sports Medicine	Taos, NM	8/1/2013-7/30/2014

Medical Licensures and Professional Certifications

AANA Distinguished Arthroscopy Leader, FAANA		11/2019-present
Medical License	Nevada	6/2019-present
Certificate of Additional Qualification, Sports Medicine American Board of Orthopaedic Surgeons		1/2018-present
Diplomate, American Board of Orthopaedic Surgeons		8/2016-present
Fluoroscopy Operator Permit	California	12/2014-present
Medical License	California	6/2014-present
Medical License	New Mexico	3/2013-3/2015
ACLS Provider	Washington	4/2013-4/2015
Resident Medical License	Washington	6/2008-7/2013
Wilderness Emergency Medical Technician	Texas, Colorado	6/2002-6/2005
Emergency Medical Technician- Basic	Texas, NREMT	6/2002-/6/2005

Professional Society Memberships

American Academy of Orthopaedic Surgeons – AAOS – Fellow		8/2016-present
American Orthopaedic Society for Sports Medicine – AOSSM – Member		4/2014-4/2021
Arthroscopy Association of North America – AANA – Member		7/2012-present
American Academy of Orthopaedic Surgeons – AAOS – Member		6/2008-8/2016
Alpha Omega Alpha Honor Society – AOA – Member Univ of Texas Medical Branch President (2007-2008)		4/2007-
Gold Humanism Honor Society – GHHS – Member		5/2007-

Honors and Awards

Professional Honors and Awards

King of Pearls, Technical Tips and Tricks Champion Fellowship Forum 2022		5/2022
---	--	--------

Finalist, Doctor of the Year, Mammoth Hospital		3/2022
CORR Top Reviewer Award 2021		1/2022
CORR Top Reviewer Award 2020		12/2020
Distinguished Arthroscopy Leader (DAL) – Fellow (FAANA) AANA- Arthroscopy Association of North America		11/2019
CORR Top Reviewer Award 2018		12/2018
<i>Postgraduate Honors and Awards</i>		
University of Washington Chief Resident Teaching Award	Seattle, WA	6/2013
Esther Whiting Award		5/2011
Best paper on a historical aspect of Orthopaedics <i>E.A. Codman and The End Result in Orthopaedics</i>	Seattle, WA	
Seattle Children's Hospital Artful Practice Commendation for exceptional patient care	Seattle, WA	9/2010
<i>Medical School Honors and Awards</i>		
John P. McGovern Award in Oslerian Medicine Student who emulates the life and principles of William Osler	Galveston, TX	3/2007
Excellence in Student Teaching Award		5/2006, 5/2007
University of Texas Medical Branch	Galveston, TX	
AOA Medical Student Service Project Grant		4/2007
University of Texas Medical Branch	Galveston, TX	
Global Health Scholars Scholarship		6/2005
Established preceptorship in Nicaragua	Managua, Nicaragua	
William Todd Midget Scholarship		6/2005
For fraternity, scholarship, humility and humanity	Galveston, TX	
<i>Undergraduate Honors and Awards</i>		
University Academic Excellence	College Station, TX	5/2000-2004
Silver Key and Golden Key Award Recipient	College Station, TX	5/2003-2004
Delegate, Student Conference on National Affairs	College Station, TX	10/2003
Phi Eta Sigma Honor Society	College Station, TX	5/2004
Boy Scouts of America, Eagle Scout Award	Houston, TX	11/1998
<u>Professional Service/ Leadership Positions</u>		
CORRelations: Sports Medicine Director		2/2023-present
Faculty, Motion Medical Group Sports Medicine Fellowship, Orange County, CA		1/2023-present
Program Director, Mammoth Orthopedic Institute Sports Medicine Fellowship		1/2022-present
Student-Alumni Informational Discussion Faculty Panelist University of Washington		10/2020-present
AAANA DocMatter Advisory Group		11/2021-present
Co-Program Director for Mammoth Site, Mammoth-Lake Tahoe Sports Medicine Fellowship		06/2020-present
Faculty, Lake Tahoe Sports Medicine Fellowship		10/2019-present

University of Washington School of Medicine Community Faculty	8/2019-present
Clinical Advisory Board, Smart Medical Devices/ SmartDrill	3/2019-1/2022
Founder, Mammoth Orthopedic Institute Journal Club	8/2018-present
Chairman, Mammoth Hospital Interdisciplinary Committee	8/2018-present
Editorial Author Doximity- The Physicians' Social Network, Online	5/2018-6/2019
Member, AANA Technology and Communications Committee	1/2018-1/2019
Reviewer, CORR: Clinical Orthopedics and Related Research	9/2017-present
Medical Director, Mammoth Hospital Physical Therapy Department	8/2017-present
Arthroscopy Journal, Editorial Board Member	1/2017-present
Founder and Chairman, Mammoth Sports Course	8/2016-present
University of Nevada, Reno School of Medicine Community Clinical Faculty	1/2016-present
Member, AANA Online CME Task Force, Enduring Materials Committee	5/2014-4/2016
Reviewer, Arthroscopy Journal, Journal of Arthroscopy and Related Research 60 reviews award- 2021	3/2014-present
Resident Liaison to the AAOS University of Washington Resident Liaison to the AAOS	2/2011-2/2012
Resident Selection Committee University of Washington Department of Orthopaedics	1/2010-1/2012
Medical Student Liaison University of Washington Department of Orthopaedics	7/2010-6/2013
President, Alpha Omega Alpha Medical Honor Society	7/2007-6/2008
<u>Local, National, and International Service</u>	
Medical School Exposure: Univ of Nevada, Reno, SOM	04/2023
Frog Dissection: High Desert Montessori School, Reno NV	03/2023
eShadowing for premeds- Med School Headquarters with Dr. Ryan Gray	04/2022
Specialty Stories Podcast- Med School Headquarters with. Dr. Ryan Gray	11/2021
Texas A&M Current Student Mentor	08/2021-present
University of Washington Medical Student Introduction Event for Orthopedics	11/2020
Mammoth High School, Health Care Academy Mentor high school students interested in health care field	11/2016-present
Team Physician, United States Ski and Snowboard Association US Freeski and Snowboard Slopestyle Teams	8/2014-present
Instructor, University of Washington Arthroscopy Basics Course 2014,2016	8/2014-present

Mammoth Medical Missions	Mammoth Lakes, CA	8/2014-8/2017
Highlands University Football Covered NCAA D2 Football Team from player evaluation to surgical care	Las Vegas, NM	8/2013-12/2013
Stray Hearts Animal Shelter Volunteer walking dogs and fostering stray pets	Taos, NM	8/2013-1/2014
Department of Orthopaedics and Traumatology MMC Hospital Orthopaedic International Exchange in Indonesia	Jakarta, Indonesia	4/2013
Cooperacion Ortopedico Americano Nicaraguense – COAN Orthopaedic International Exchange in Nicaragua	Managua, Nicaragua	4/2012
Reynosa Medical Missions Primary Care Medical Mission work	Rio Bravo, Mexico	2/2006-2/2008
Theta Kappa Psi (TKY) Medical Fraternity Prytan 2006-2007 Alumni Chair 2005-2006	Galveston, TX	8/2004-6/2008
Texas A&M Emergency Medical Services EMS Chief 2007-2008	College Station, TX	10/2005-6/2008

Publications

Peer-Reviewed Publications

Lyman K, Kelley T, Walthall J, Lang SD, Gilmer BB , Guttman D. Refractory Shoulder Injury Related to Vaccine Administration (SIRVA): Correlation with Culture Presence of Cutibacterium Acnes. <i>JSES Reviews, Reports, and Techniques</i> . 2023 Apr 6.	4/2023
Gilmer BB , Wahl CJ. Editorial Commentary: The Timing and Treatment of Combined Anterior Cruciate Ligament–Medial Collateral Ligament Injuries: Conservative Management, Early Repair, Augmentation, and Delayed Reconstruction of the Medial Collateral Ligament. <i>Arthroscopy: The Journal of Arthroscopic & Related Surgery</i> . 2023 Apr 1;39(4):1108-10.	4/2023
Kelley T, Walthall J, Lyman K, Lang SD, Gilmer BB , Guttman D. “Triple Package” Modified SpeedBridge Rotator Cuff Repair Technique. <i>Arthroscopy Techniques</i> . 2023 Jan 18.	1/2023
Parker MC, Lang SD, Lakehomer H, O’Neil S, Crall TS, Gilmer BB . Harvest of All-Soft Tissue Quadriceps Tendon Autograft for Anterior Cruciate Ligament Reconstruction With or Without Closure of Resulting Defect Has No Effect on Patellar Height. <i>Arthroscopy, Sports Medicine, and Rehabilitation</i> . 2023 Jan 7.	1/2023
Ohliger III J, Haus A, Fong R, Lang S, Gilmer BB , Wahl CJ. Modified Bosworth Technique for Medial Collateral Ligament Reconstruction of the Knee Using Semitendinosus Tendon Autograft. <i>Arthroscopy Techniques</i> . 2022 Sep 8.	9/2022
Stegner MA, Gilmer BB . Editorial Commentary: Recovery After Anterior Cruciate Ligament Reconstruction Is Optimal About 85% of the Time.	8/2022

Arthroscopy: The Journal of Arthroscopic & Related Surgery.
2022 Aug 1;38(8):2491-2.

- Anderson ZN, Lang SD, Haus A, **Gilmer BB**. 7/2022
Osteochondral Allograft Transplantation Of Posterior Femoral
Condyle Lesions Utilizing An Open Posterior Approach
To The Knee. *Arthroscopy Techniques*. 2022 Jul 25.
- Gilmer BB**. 5/2022
CORR Insights®: What Is the Maximum Tibial Tunnel Angle for
Transtibial PCL Reconstruction? A Comparison Based on
Virtual Radiographs, CT Images, and 3D Knee Models.
Clinical Orthopaedics and Related Research®. 2022 May 1;480(5):929-31.
- O'Neil S, Marvil S, Lakehomer H, Tipton CC, Dobrich J, **Gilmer BB**, Guttman D. 2/2022
Modified Technique for Arthroscopic Bursal Acromial Reconstruction
Utilizing Acellular Dermal Allograft.
Arthroscopy techniques. 2022 Feb 13.
- Wills DJ, Prasad A, **Gilmer BB**, Walsh WR. 1/2022
The thermal profile of self-tapping screws: The effect of insertion speed,
power insertion, and screw geometry on heat production
at the bone-screw interface.
Medical Engineering & Physics. 2022 Jan 7:103754.
- Tipton CC, Gilmer BB, Marvil S, Lang S, Unal K, Guttman D. 8/2021
An Arthroscopic Technique for Release of the Middle Glenohumeral
Ligament and the Effect on External Rotation of the Shoulder.
Arthroscopy techniques. 2021 Sep 1;10(9):e2121-5.
- Fournier M, Corning E, Witt A, Lang S, **Gilmer BB**. 5/2021
Arthroscopically Assisted Fixation of Terrible Triad Variant Injuries
of the Elbow With Small-Bore Needle Arthroscopy.
Arthroscopy Techniques. 2021 May 10.
- Welcome BM, **Gilmer BB**, Lang SD, Levitt M, Karch MM. 3/2021
Comparison of manual hand drill versus an electric
dual-motor drill for bedside craniotomy.
Interdisciplinary Neurosurgery. 2021 Mar 1;23:100928.
- Neff P, Franklin III DB, Jones DL, Lang SD, Nadone HR, **Gilmer BB**, Guttman D. 3/2021
Transtendinous Rotator Cuff Tear Repair with Bone Marrow Aspirate
Concentrate Dermal Allograft Augmentation.
Arthroscopy Techniques. 2021 Mar 2.
- Perry, John, Anthony Collins, and **Brian Gilmer**. 2/2021
Dual Motor Orthopaedic Drill Reduces Plunge and Provides Data
For Safe and Accurate Screw Placement During Clavicle Fracture Fixation.
J Orthopaedic Experience and Innovation, 2021 Feb.
- Peters M, **Gilmer BB**, Kassam HF. 11/2020
Diagnostic and Therapeutic Elbow Arthroscopy Using
Small-Bore Needle Arthroscopy. *Arthroscopy Techniques*. 2020 Nov 13.
- Gilmer BB**. 09/2020
CORR Insights®: Does Virtual Reality Improve Procedural Completion
and Accuracy in an Intramedullary Tibial Nail Procedure?
A Randomized Control Trial.
Clinical Orthopaedics and Related Research. 2020 Sep 1;478(9):2178-9.
- Welcome BM, **Gilmer BB**, Lang SD, Levitt M, Karch MM. 09/2020
Comparison of Manual Hand Drill Versus an Electric Dual-Motor Drill

for Bedside Craniotomy. *Interdisciplinary Neurosurgery*. 2020 Sep 26:100928.

Shafi N, Lang SD, Kassam H, **Gilmer BB**. Diagnostic and Therapeutic Shoulder Arthroscopy Using a Small-Bore Needle Arthroscope. *Arthroscopy Techniques*. 2020 Aug 1;9(8):e1087-93. 08/2020

Quinn R, Lang SD, **Gilmer BB**. Diagnostic Needle Arthroscopy and Partial Medial Meniscectomy Using Small Bore Needle Arthroscopy. *Arthroscopy Techniques*. 2020 Apr 25. 04/2020

Gilmer BB,
Editorial Commentary: The Surgeon Is The Method: Be Thoughtful and Methodical When Adopting New Techniques. *Arthroscopy*. 2020. 36(4): 950-951. 04/2020

Lang SD, **Gilmer BB**. A Dual Motor Drill Reduces Plunge, Simultaneously Gauges Depth and Saves Time When Placing Orthopedic Screws. *Orthopedics*. 2020 Jun 5. 06/2020

Gilmer BB,
CORR Insights®: Are Patient And Surgeon Expectations after ACL Reconstruction Realistic? *Clin Orthop Relat Res*. 2020 Mar 1;478(3):629-30 03/2020

Lee BD, **Gilmer BB**, Lang SD, Guttman D. A Modified SpeedBridge Technique for Retracted or Delaminated Rotator Cuff Repairs. *Arthroscopy Techniques*. 2019 Oct 25. 10/2019

Lang SD, Irons MRH, **Gilmer BB**. Repair of Patellar Tendon Avulsion from the Tibial Tubercle: Case Report. *Journal of Orthopaedic Case Reports*. 2019 Sep-Oct; 9(5): 26-30. 9/2019

Gilmer BB,
Editorial Commentary: Anterior Cruciate Ligament Tibial Eminence Avulsion Fractures: Are They Trying to Tell Us Something? *Arthroscopy*. 2019; 35(5): 1545-1546 5/2019

Gilmer BB,
CORR Insights®: Outcome Selection and Methodological Quality of Major and Minor Shoulder Surgery Studies: A Scoping Review. *Clin Orthop Relat Res*. 2019 Mar 1;477(3):620-1. 3/2019

Gilmer BB, Lang, S
Dual Motor Drill Continuously Measures Drilling Energy to Calculate Bone Density and Screw Pull-out Force in Real Time *JAAOS Global Research & Reviews*. 2018; 2(9): e053 9/2018

Gilmer BB
Editorial Commentary: Goldilocks and the Three Grafts: Managing Tendon Harvest and Graft Length Problems in Autograft Anterior Cruciate Ligament Reconstruction *Arthroscopy*. 2018; 34(9):2463-2465 8/2018

Gilmer BB
Double-Row Suture Anchor Repair of Posterolateral Corner Avulsion Fractures. *Arthroscopy techniques*. 2017; 6(4):e997-1001. 8/2017

Gilmer BB
Editorial Commentary: Does Size Matter: Drill Holes in Subpectoral Biceps Tenodesis *Arthroscopy*. 2017; 33(8): 1503 –1505 8/2017

- Gilmer BB**, Harnden E, Guttman D. Diagnosis of Long Head of the Biceps Tendon Pathology: Current Concepts. *Journal of ISAKOS: Joint Disorders & Orthopaedic Sports Medicine*. 2017 Jul 1;2(4):222-7. 7/2017
- Gilmer BB**. When You Have a Hammer Everything Looks Like a Nail: Tenodesis of a Normal Biceps Tendon During Rotator Cuff Repair Should Be Avoided *Arthroscopy*, 2017; 33(7): 1308-1309 6/2017
- Parisky X, **Gilmer BB**, Harkins J, Karch M. Periarticular Liposomal Bupivacaine Injection Decreases Length of Stay, Pain Scores, and Opioid Usage After Total Knee Arthroplasty When Compared to Femoral Nerve Block. *Prog Orthop Sci*. 2017; 3(1): 1-4 3/2017
- Gilmer BB**, Crall T, DeLong J, Kubo T, Mackay G, Jani SS. Biomechanical Analysis of Anatomic Repair with Internal Bracing for Treatment of Femoral Sided Avulsion Injuries of the Medial Knee. *Orthopedics*. May/June 2016;39(3):e532-e537 5/2016
- Crall TS, **Gilmer BB**. Anatomic All-Inside Anterior Cruciate Ligament Reconstruction Using Quadriceps Tendon Autograft. *Arthroscopy Techniques* 2015;x(x):e1-5 2015
- Gilmer BB**, Crall TS, Guttman D. Knotless Arthroscopic Repair of Subscapularis Tendon Tears Using Looped Suture. *Arthroscopy Techniques*. 2015;x(x):e1-e5 2015
- Gilmer BB**, Guerrero DM, Coleman NW, Chamberlain AM, Warne WJ. Orthopedic Residents Improve Confidence and Knot Tying Speed With a Skills Course. *Arthroscopy*. 2015;31(7):1343-1348.e2 3/2015
- Gilmer BB**, DeMers A, Guerrero D, Reid J, Lubowitz J, Guttman D. Arthroscopic Examination May Underestimate Shoulder Long Head of the Biceps Tendon Pathology. *Arthroscopy*. 2015;31(1):29-34 1/2015
- Lubowitz J, Mackay G, **Gilmer BB** Knee medial collateral ligament and posteromedial corner anatomic repair with internal bracing. *Arthroscopy Techniques*. 2014;3(4):e505-508 8/2014
- Gilmer BB**, Comstock B, Jette J, Warne W, Jackins S, Matsen FA. The prognosis for improvement in comfort and function after the ream and run arthroplasty for glenohumeral arthritis: An analysis of 176 consecutive cases. *Journal of Bone and Joint Surgery Am*. 2012;94(14):e102(1-9) 7/2012
- Mercer D, Saltzman M, Neradilek M, **Gilmer BB**, Warne W, Matsen FA. A reproducible and practical method for documenting the position of the humeral head center relative to the scapula on standardized plain radiographs. *Journal of Shoulder and Elbow Surgery* 2011;20(3):363-371 4/2011
- Mercer D, **Gilmer BB**, Saltzman M, Bertelsen A, Warne W, Matsen FA. A quantitative method for determining medial migration of the humeral head after shoulder arthroplasty: Preliminary results in assessing glenoid wear at a minimum of 2 years. *Journal of Shoulder and Elbow Surgery* 2011;20(2)pp 301-307 3/2011
- Johnson CW, Carmichael KD, Morris RP, **Gilmer BB**. Biomechanical Study of Flexible Intramedullary Nails. *Journal of Pediatric Orthopaedics* 2009;29(1):44-48 1/2009
- Gilmer B**, Edwards TB, Gartsman GM, O'Connor DP, Elkousy HA. Normalization of the Subscapularis Belly Press Test. 11/2007

Book Chapters

- Gilmer BB**, Lang SD, Guttman D. Long Head of the Biceps Tendon Complex: Pathology and Treatment Approach. In Textbook of Shoulder Surgery 2019 (pp. 157-172). Springer, Cham. 2019
- Gilmer BB**, Lubowitz J. Arthroscopic Management of Tibial Plateau Fractures AANA: The Knee 2015
- Gilmer BB**, Guttman D. Rotator Cuff Pathology: A Comparison of Magnetic Resonance Imaging And Arthroscopic Findings In Gi Bain et. al (eds.) Normal and Pathologic Anatomy of the Shoulder ISAKOS 2015 (pp. 239-251) Springer, Berlin, Heidelberg. 2015
- Gilmer BB**, Guttman D. Postoperative Management and Rehabilitation of Adhesive Capsulitis The Shoulder: Current Concepts 2015
- Gilmer BB**, Guttman D. Anatomy and Range of Motion in Adhesive Capsulitis In Shoulder Stiffness 2015 (pp. 123-129). Springer, Berlin, Heidelberg. 2015

Non-Peer Reviewed Publications

- Gilmer, B** "Beets" Poetry Published online via Doximity 1/2022
- Gilmer, B.** AANA Inside eNewsletter: Biceps Tendon Management 8/2019
- Gilmer, B.** "The Writing on the Wall" Mammoth Hospital Heartbeats 7/2019
- Gilmer, B.** AANA Inside eNewsletter: Social Media and Practice Management 4/2019
- Gilmer B.** *Doximity Author's Program* 2018-19
Before I Forget
We Could Probably Mass Produce Doctors, but Should We?
When a Doctor Is Like a Relief Pitcher
The Stories Our Injuries Tell
As a Clinician, if You See Something, Say Something
What Medical Education Is to Practicing Physicians and What It Could Be
New Tech Beckons Orthopaedic Surgeons at the AAOS
Is It Still Possible To Be A Triple Threat in Modern Medicine?
A Letter to the Program Director
- Gilmer B.** A Letter to the Program Director Published on Medium and Doximity Op(m)Ed 5/2018
- Warne W, **Gilmer B**, Chamberlain A, Coleman N, Comstock B, Leopold S, Matsen FM. Arthroscopic Surgery Skill Acquisition In the Era of Restricted Work Hours Discoveries 2013 University of Washington Orthopaedics and Sports Medicine 6/2013
- Mickelson D, Louie P, Farnand A, Meyer L, **Gilmer B**, Chapman J. 6/2013

Orthopaedics: Developing an Orthopaedic Surgery and Sports Medicine
Interest Group
Discoveries 2013 University of Washington Orthopaedics and Sports Medicine

Gilmer B, Timmons S, Wagner T. 6/2013
Who is Responsible for Shaping the Future of Orthopaedics
In the Pacific Northwest?
Discoveries 2013 University of Washington Orthopaedics and Sports Medicine

Gilmer B. 8/2005
“The Anatomy Students”
Blood and Thunder – Musings on the Art of Medicine
University of Oklahoma Press, 2005

Instructional Videos/Multimedia

Orthopedic Sports Medicine 01/2022
Specialties Stories Podcast: The Medical School Headquarters

Beenfeldt, D; Gilmer BB 08/2021
AAOS Orthopedic Video Theater:
Anterior and Posterior Combined Osteochondral Allografting of the
Femoral Condyle

Arthrex *Breakthrough*: Nanoscopic Knee Surgery 03/2020

Gilmer B, Guttman D. Knotless Arthroscopic Subscapularis Repair. VuMedi 11/2013

Abstracts and/or Proceedings

Presentations and Lectures

Revision ACL Reconstruction San Diego, CA 04/2023
West Coast Orthopedic Technology Forum

Mt Rose/ Ski Tahoe Ski Trauma Refresher Incline Village, NV 11/2022

Project ECHO Sports Medicine Reno, NV 02/2023
Managing Ski and Snowboard Trauma

Mammoth Sports Course 2022 Mammoth Lakes, CA 06/2022
Complex Knee Case Moderator
Surgical Education and Mentorship

Fellowship Forum Naples, FL 05/2022
Nanoarthroscopy: My Experience from 300 Cases

West Coast Orthopedic Technology Innovation Forum (OTIF) Phoenix, AZ 04/2022
Nanoarthroscopy: My Experience of 300 Cases

Advancing the Clinical Educator South Lake Tahoe, CA 11/2021
Barton Healthcare System
Beyond Mentorship: Surgical Education in the 21st Century

Mammoth Fall Trauma Refresher Mammoth Lakes, CA 11/2021
Tibial Nailing in Skiers and Snowboarders

AAOS Annual Meeting 2021 San Diego, CA 08/2021
Beenfeldt, D; Gilmer BB
AAOS Orthopedic Video Theater:
Anterior and Posterior Combined Osteochondral
Allografting of the Femoral Condyle

Mammoth Sports Course Surgeons Saving Ourselves: Managing Stress in the Modern Workplace Adult Learning in Postgraduate Surgical Education	Mammoth Lakes, CA	06/2021
West Coast Orthopedic Technology Innovation Forum (OTIF) Nanoarthroscopy in the diagnosis and treatment Of Meniscal Pathology	San Diego, CA	04/2021
West Coast Orthopedic Technology Innovation Forum (OTIF) Impact of Nanoarthroscopy on Outpatient Arthroscopy	San Diego, CA	04/2021
Fellowship Didactics, Lake Tahoe Sports Fellowship Workup of Patellofemoral Instability	South Lake Tahoe, CA	02/2021
University of Washington Dept of Orthopedics Grand Rounds Surgeons Saving Ourselves: Managing Stress in the Modern Workplace	Seattle, WA	05/2020
Doc Talk: Lower Extremity Injuries Review Mammoth Mountain Ski Patrol	Mammoth Lakes, CA	1/2020
Trochleoplasty for Recurrent Patellofemoral Instability University of Washington	Renton, WA	10/2019
Nanoarthroscopy: The Present and Future Arthrex Inc.	Sacramento, CA	11/2019
Doc Talk: Lower Extremity Injuries Review Mammoth Mountain Ski Patrol	Mammoth Lakes, CA	4/2019
Intro to Sports Medicine for the Industry Representative Arthrex Inc.	Mammoth Lakes, CA	2/2019
Managing Ski Related Traumatic Injuries Mammoth Mountain Ski Patrol	Mammoth Lakes, CA	12/2018
All-Inside Quadriceps ACL Reconstruction Sequoia Surgical Inc.	Sacramento, CA	9/2018
Lipogems: Bridging Treatment Gaps in Orthopedics Mammoth Hospital Physical Therapy	Mammoth Lakes, CA	9/2018
Needle Arthroscopy: Indications and Techniques Mammoth Sports Course	Mammoth Lakes, CA	8/2018
ACL Repair: Rationale and Early Results Mammoth Sports Course	Mammoth Lakes, CA	8/2017
ACL Graft Choices and Harvest University of Washington Arthroscopy Boot Camp	Portland, OR	9/2016
MCL Repair and Internal Brace: Rationale and Early Results Mammoth Sports Course	Mammoth Lakes, CA	8/2016
Quadriceps ACL Reconstruction: When, How and Why? Mammoth Sports Course	Mammoth Lakes, CA	8/2016
Platelet Rich Plasma	Mammoth Lakes, CA	4/2015
Quadriceps Tendon ACL	Mammoth Lakes, CA	10/2014
Getting Through the Night- Damage Control Orthopaedics	Jakarta, Indonesia	4/2013

MMC Hospital, University Medical Center

Periprosthetic Femur Fracture After Previous Hemiarthroplasty LeCocq Lectureship, University of Washington	Seattle, WA	1/2013
An Unusual Case of Deformity in an East African Village LeCocq Lectureship, University of Washington	Seattle, WA	1/2012
Ream and Run Arthroplasty for Glenohumeral Arthritis LeCocq Lectureship, University of Washington	Seattle, WA	1/2011

Paper Presentations

AANA 2014 Annual Meeting Arthroscopic Examination May Underestimate Shoulder Long Head of the Biceps Tendon Pathology	Hollywood, FL	5/2014
AANA 2014 Annual Meeting The effect of an arthroscopic skills course on resident competence in arthroscopic knot tying	Hollywood, FL	5/2014
Resident Research Presentations, University of Washington The effect of an arthroscopic skills course on resident competence in arthroscopic knot tying.	Seattle, WA	6/2013
Resident Research Presentations, University of Washington The prognosis for improvement in comfort and function after the ream and run arthroplasty for glenohumeral arthritis	Seattle, WA	5/2012
American Academy of Orthopaedic Surgery Annual Meeting The prognosis for improvement in comfort and function after the ream and run arthroplasty for glenohumeral arthritis	San Francisco, CA	4/2012
Washington State Orthopaedic Association Annual Meeting The prognosis for improvement in comfort and function after the ream and run arthroplasty for glenohumeral arthritis	Bellevue, WA	3/2012

Poster presentations

Depth control May Reduce Iatrogenic Injury to Patient and Surgeon Z Anderson, V Maged, K Aikins, B Gilmer	Reno, NV	10/2022
Applications of Dual Motor Drilling In Orthopedic Research Z Anderson, V Maged, K Aikins, B Gilmer	Reno, NV	10/2022
Renown Health and UNR Med Clinical Research Open House/Poster Presentation	Reno, NV	04/2022
Northern Nevada American College of Physicians Poster Symposium	Reno, NV	10/2020
Regional Medical Education Conference Research Symposium		11/2020
American College of Physicians Nevada Poster Symposium	Reno, NV	11/2020
Orthopedics Today 2020 A Survey on the Quantification of Orthopedic Tool Plunge	Kauai, HI	1/2020
Orthopedics Today 2020 A Dual Motor Drill Reduces Plunge, Simultaneously Gauges Depth, and Saves Time When Placing Orthopedic Screws	Kauai, HI	1/2020

AAOS 2019 A Dual Motor Drill Reduces Plunge, Simultaneously Gauges Depth, and Saves Time When Placing Orthopedic Screws	Las Vegas, NV	3/2019
AAOS 2019 A Dual Motor Drill Continuously Measures Drilling Energy to Calculate Bone Density and Screw Pull-Out Force in Real Time	Las Vegas, NV	3/2019
AANA 2016 Annual Meeting Intraosseous Vascularity of the Bony Glenoid	Boston, MA	4/2016
ISAKOS 2015 Annual Meeting Arthroscopic Examination May Underestimate Shoulder Long Head of the Biceps Tendon Pathology	Lyon, France	7/2015

Faculty Panel

West Coast Orthopedic Technology Innovation Forum (OTIF) Needle Arthroscopy	San Diego, CA	04/2023
West Coast Orthopedic Technology Innovation Forum (OTIF) Open Subpectoral Biceps Tenodesis	Phoenix, AZ	04/2022
West Coast Orthopedic Technology Innovation Forum (OTIF) Challenges in Upper Extremity Surgery	Phoenix, AZ	04/2022
Mammoth Sports Course Moderator – Shoulder Arthroscopy for Rotator Cuff Tears	Mammoth Lakes, CA	06/2021
West Coast Orthopedic Technology Innovation Forum (OTIF) Treatment of Radial Oblique Lateral Meniscal Tears	San Diego, CA	04/2021

Interests

Guitar- Folk and America
Writing
Skiing, Running, Biking
Playing with my Dogs and Kids in the Mountains

Mission

To provide the highest quality Orthopaedic care as part of a community that promotes physical wellness and musculoskeletal health.