

## External Fixator Pin Care

### AT LEAST ONCE DAILY PLEASE DO THE FOLLOWING ON EACH PIN SITE:

- **Where the skin meets the pin:**
  - Use a solution of 50% Hydrogen Peroxide and 50% Saline: Gently floss gauze around the base of the pin. Always clean outward, DO NOT push in towards skin.
  - Dress pins after cleaning with dry gauze/Kerlix wrap – cover area so you cannot see where the pin meets the skin.
  - When staples are removed, then you may shower. Avoid direct stream of water into pins.
  - Gently cleanse skin and frame with Castile soap solution (picture below).
  - Avoid irrigation of skin around pin sites.



### CALL MAMMOTH ORTHOPEDICS PROMPTLY FOR ANY OF THE FOLLOWING:

- Increasing redness
- Drainage
- Change in normal appearance around the pins

**IF YOU HAVE ANY QUESTIONS OR CONCERNS, PLEASE FEEL FREE TO CALL THE OFFICE (760-924-4084).**