

Surgeon	<b>Dr. Gilmer</b>	Procedure	ACL- Hamstring autograft <b>Level 3</b>
Glove Size	8 Bio, 7 ½ white x 2	Position of Patient	Supine w/ lateral post.  Patient's foot approx. 1 inch from end of bed. Unaffected leg wrapped in blanket and placed in middle of OR table
Skin Prep	Chloraprep, Hibiclens & ETOH in Pacu, cover with blue towel. Clip hair in PACU pre-op.		
Sutures Needles	Arthrex RT Tight Rope AR1588RT x1 ABS Tightrope AR1588TN x1 Tight Rope Button AR1588TB x1 Fiber Stick AR-7209 x1 Tiger Stick AR-7209T x1 #0 Fiberwire AR-7250 x2 3-0 Nylon FS-1 <b>Autograft:</b> 0 Vicryl CT-1 pop-off 2-0 Vicryl CT-1	Drapes	Arthrotomy Pack, Extremity Sheet, Impervious U drapes x2, Impervious Stockinette x2, Coban, 6" Esmark, Mayo stand cover, Suction Tubing, Mini C-Arm Drape, Double Basin set
Dressings	Small Xeroform, 4x4s, 4" Webril, ABD, Double 6" Ace, Hinged ACL Brace	<b>Instruments and Equipment</b>	
<b>Extra Items</b>		<p>Bone tray Stryker System 6 and one battery Arthroscopy Tray Arthrex Shaver Arthroscopy lens Crall ACL Set Arthrex shaver ACL work station Camera and light cord Pump and Patient tubing Medium Bump Sm Triangle 3.5 Arthrex Drill bit (knee cart, bottom shelf) #AR-1250F Dyonics RF-S Whirlwind 4.0 Dbl cut Cvd Open and closed tendon strippers</p> <p><b>Knee Cart-have in room, supplies are on cart. Open in the room when requested.</b></p> <p><b>Hold:</b> Arthrex Shoulder Instruments 5.5 Exclibur 5.5 Oval Burr</p> <p>1/25/16 CW</p>	
<p>Ropivacaine 0.5% Plain at end Marcaine 0.5% with Epi @ beginning, use same syringe for the following: Marcaine plain x 10ml / Morphine 10mg / joint injection @ end <b>Radiology:</b> Have mini C-arm set up at beginning of case with pt. info. Takes two shots at end of case. Comes in same side.</p> <p>Dr. Gilmer uses <b>Mayo stand for graft station</b>, not the mini table</p> <p><b>Soaks graft in Ancef (Moist raytec around graft)</b></p>			

Notes for ACL "All Inside"

- 1) Scope first
- 2) Left or Right Guide (depending on surgical site)
- 3) Size of graft will indicate size of Flip Cutter.

- 4) Sizes femur with sizing guide
- 5) Drills flip cutter for femur first, then drills flip cutter for tibia.
- 6) Large bullet with insert will go in the guide when placing 3.5 guide pin for femur.
- 7) Bullet without insert in guide for tibia.
- 8) On graft table have long graft station with long sizer. Two 0 Fiberwires, metz scissors, forceps, Fiber Wire scissors, Allis, ruler, marking pen, needle holder.
- 9) When inserting graft for femur use fiberstick with suture ends even. For tibia, use tigerstick with suture ends even. One fiberwire with needle off on field when inserting graft. Have closed suture cutter, knot pusher and crabclaw on mayo. ABS button on tonsil.
- 10) Second impervious stockinette after inserting graft
- 11) Mini C-arm after ABS button is inserted
- 12) No bio-screws used