

Surgeon	Dr.Gilmer	Procedure	MCL/LCL Repair Level 3
Glove Size	8 Bio, 7 ½ whites x2	Position of Patient	Supine w/ lateral post.
Skin Prep	Chloraprep Hibiclens wash and shaving and alcohol needs to be done in pacu.		Patient's foot approx. 1 inch from end of bed. Unaffected leg wrapped in blanket and placed in middle of OR table
Sutures Needles	#0 Fiberwire AR-7250 x2 (Allograft) 3-0 Nylon FS-1 2-0 Vicryl CT-1 Arthrex RT Tight Rope AR1588RT x1(ask) ABS Tightrope AR1588TN x1(ask) ABS Tight Rope Button AR1588TB x1(ask) Fiber Stick AR-7209 x1(ask) Tiger Stick AR-7209T x1 (ask)	Drapes	Arthrotomy Pack, Extremity Sheet, Impervious U drapes x2, Impervious stockinette, Coban, 6" Esmark, C-Armor drape, Single Basin set
Dressings	¼" Steri Strips, Small Xeroform, 4x4s, 4" Webril, ABD, Double 6" Ace, Hinged ACL Brace	Instruments and Equipment	
Extra Items		Bone tray Stryker System 6 and one battery Arthroscopy Tray Arthrex Shaver Arthroscopy lens Crall ACL Set ACL work station Arthrex ACL targeting system Hohman retractors Fiberwire Scissors (pulldown) Camera and light cord Pump and Patient tubing Medium Bump Marking pen Black Triangles-Depends on pt. size Vessel loops Z retractors (total knee cart) 3.5 Arthrex Drill bit (knee cart, bottom shelf) Turbovac 90 4.0 Dbl cut Cvd shaver Light handles Two allografts (need suture for extra grafts-Ask) Knee Cart-have in room, supplies are on cart. Open in the room when requested.	
Large C-Arm (for MCL) Ropivacaine 0.5% Plain at end Use same syringe for the following: Ropivacaine plain x 10ml / Morphine 5mg / joint injection @ end ANCEF (FOR ALLOGRAFT ONLY)			
Notes		4/4/17 SB	
Dr.Gilmer uses Mayo stand for graft station , not the mini table ALLOGRAFT: In freezer/Peroneous Longis. Retrieve 30 minutes before case. 1gm Ancef in 500ml NS soaked raytec. DO NOT TAKE OUT of inner sterile plastic. (DO NOT SOAK THE GRAFT, THIS WILL CAUSE IT TO SWELL AND FINAL MEASUREMENTS WILL BE INACCURATE.) Setup Graft table and make graft before patient in the room			

