

Surgeon	Dr. Gilmer	Procedure	Meniscus Root Repair Level 3
Glove Size	8 Bio, 7 ½ white x 2	Position of Patient	Supine w/ lateral post. Patient's foot approx. 1 inch from end of bed. Unaffected leg wrapped in blanket and placed in middle of OR table
Skin Prep	Chloraprep, Hibiclens & ETOH in Pacu, cover with blue towel. Clip hair in PACU pre-op.		
Sutures Needles	ABS Tight Rope Button AR1588TB x1 Fiber Stick AR-7209 x2 #0 Fiberwire AR-7250 x1 Fiber Snare x 2 3-0 Nylon FS-1 Scorpion Needle	Drapes	Arthrotomy Pack, Extremity Sheet, Impervious U drapes x2, Impervious Stockinette x2, Coban, 6" Esmark, Mayostand cover, Suction Tubing, Mini C-Arm Drape, Double Basin set
Dressings	¼" Steri Strips, Small Xeroform, 4x4s, 4" Webril, ABD, Double 6" Ace, Hinged ACL Brace	Instruments and Equipment	
Extra Items		<p>Bone tray Stryker System 6 x 2 (yes, he wants two system 6's in the room and open) Arthroscopy Tray Arthrex Shaver Arthroscopy lens Crall ACL Set Microfracture Awls Knee scorpion Arthrex shaver Camera and light cord Pump and Patient tubing 3.5 Arthrex Drill bit (knee cart, bottom shelf) Super Turbovac 90 4.0 Dbl cut Cvd Marking pen</p> <p>Knee Cart-have in room, supplies are on cart. Open in the room when requested.</p>	
<p>Ropivacaine 0.5% Plain at end Marcaine 0.5% with Epi @ beginning, use same syringe for the following: Ropivacaine plain x 10ml / Morphine 5mg / joint injection @ end</p> <p>Radiology: Have mini C-arm set up at beginning of case with pt. info. Takes two shots at end of case. Comes in same side.</p>		4/30/17 DA	

Notes for ACL “All Inside”

- 1) Scope first
- 2) Left or Right Guide (depending on surgical site)
- 3) Size of graft will indicate size of Flip Cutter.
- 4) Sizes femur with sizing guide
- 5) Drills flip cutter for femur first, then drills flip cutter for tibia.
- 6) Large bullet with insert will go in the guide when placing 3.5 guide pin for femur.
- 7) Bullet without insert in guide for tibia.
- 8) On graft table have long graft station with long sizer. Two 0 Fiberwires, metz scissors, forceps, Fiber Wire scissors, Allis, ruler, marking pen, needle holder.
- 9) When inserting graft for femur use fiberstick with suture ends even. For tibia, use tigerstick with suture ends even. One fiberwire with needle off on field when inserting graft. Have closed suture cutter, knot pusher and crabclaw on mayo. ABS button on tonsil.
- 10) Second impervious stockinette after inserting graft
- 11) Mini C-arm after ABS button is inserted
- 12) No bio-screws used unless LCL or MCL repair