

Surgeon	Dr. Gilmer	Procedure	PCL-"ALL INSIDE"-Allograft Level 3
Glove Size	8 Bio, 7 ½ white x 2	Position of Patient	Supine w/ lateral post. Patient's foot approx. 1 inch from end of bed. Unaffected leg wrapped in blanket and placed in middle of OR table
Skin Prep	Chloraprep, Hibiclens & ETOH in Pacu, cover with blue towel. Clip hair in PACU pre-op.		
Sutures Needles	Arthrex RT Tight Rope AR1588RT x1 ABS Tightrope AR1588TN x1 ABS Tight Rope Button AR1588TB x1 Fiber Stick AR-7209 x1 Tiger Stick AR-7209T x1 #0 Fiberwire AR-7250 x2 (Allograft) 3-0 Nylon FS-1 Free #2 Fiberwire	Drapes	Arthrotomy Pack, Extremity Sheet, Impervious U drapes x2, Impervious Stockinette x2, Coban, 6" Esmark, Mayostand cover, Suction Tubing, Mini C-Arm Drape, Double Basin set
Dressings	¼" Steri Strips, Small Xeroform, 4x4s, 4" Webril, ABD, Double 6" Ace, Hinged ACL Brace	Instruments and Equipment	
Extra Items		<p>Bone tray Small Battery Drive x2 (if possible) Arthroscopy Tray Arthrex Shaver Arthroscopy lens Crall ACL Set Arthrex shaver ACL work station Fiberwire Scissors (pulldown) Camera and light cord Pump and Patient tubing 3.5 Arthrex Drill bit (knee cart, bottom shelf) Super Turbovac 90 4.0 Dbl Cut Crvd 5.5 Straight Shaver Marking pen x2 Passport 8x10 Switching Stick Small Bump</p> <p>Hold: 70° Lens Nitinol Wire Cayenne ACL Tray Beath Pin</p> <p>Knee Cart-have in room, supplies are on cart. Open in the room when requested.</p> <p>3/1/16 LM</p>	
<p>Ropivacaine 0.5% Plain at end Marcaine 0.5% with Epi @ beginning, use same syringe for the following: Ropivacaine plain x 10ml / Morphine 5mg / joint injection @ end 1 gm ANCEF (FOR ALLOGRAFT ONLY) Radiology: Large C-Arm</p> <p>Dr. Gilmer uses Mayo stand for graft station, not the mini table</p> <p>ALLOGRAFT: In freezer/Peroneous Longis. Retrieve 30 minutes before case. 1gm Ancef in 500ml NS soaked raytec. DO NOT TAKE OUT of inner sterile plastic. (DO NOT SOAK THE GRAFT, THIS WILL CAUSE IT TO SWELL AND FINAL MEASUREMENTS WILL BE INACCURATE.) Setup Graft table and make graft before patient in the room</p>			

Notes for ACL “All Inside”

- 1) Scope first
- 2) Left or Right Guide (depending on surgical site)
- 3) Size of graft will indicate size of Flip Cutter.
- 4) Sizes femur with sizing guide
- 5) Drills flip cutter for femur first, then drills flip cutter for tibia.
- 6) Large bullet with insert will go in the guide when placing 3.5 guide pin for femur.
- 7) Bullet without insert in guide for tibia.
- 8) On graft table have long graft station with long sizer. Two 0 Fiberwires, metz scissors, forceps, Fiber Wire scissors, Allis, ruler, marking pen, needle holder.
- 9) When inserting graft for femur use fiberstick with suture ends even. For tibia, use tigerstick with suture ends even. One fiberwire with needle off on field when inserting graft. Have closed suture cutter, knot pusher and crabclaw on mayo. ABS button on tonsil.
- 10) Second impervious stockinette after inserting graft
- 11) Mini C-arm after ABS button is inserted
- 12) No bio-screws used unless LCL or MCL repair