

Surgeon	Dr. Gilmer	Procedure	Posterolateral Corner Reconstruction "PLC" Level 3
Glove Size	8 Bio, 7 ½ white x 2	Position of	Supine w/ lateral post.
Skin Prep Sutures	Chloraprep, Hibiclens & ETOH in Pacu, cover with blue towel. Clip hair in PACU pre-op. Fiber Stick AR-7209 x 2	Patient	Patient's foot approx. 1 inch from end of bed. Unaffected leg wrapped in blanket and placed in middle of OR table
Needles	Fiberloop x 4 0 Vicryl CT-1 popoffs 2-0 Vicryl CT-2 popoffs 3-0 Nylon FS-1 x3	Drapes	Arthrotomy Pack, Extremity Sheet, Impervious U drapes x2, Impervious Stockinette x2, Coban, 6" Esmark, Mayostand cover, Suction Tubing, Mini C- Arm Drape, Double Basin set
Dressings	1/4" Steri Strips, Small Xeroform, 4x4s, 4" Webril, ABD, Double 6" Ace, Hinged ACL Brace	Instruments and Equipment  Bone tray  Struker System 6 and one bettery	
Extra Items		Stryker System 6 and one battery Arthroscopy Tray	
Ropivacaine 0.5% Plain at end Marcaine 0.5% with Epi @ beginning, use same syringe for the following: Ropivacaine plain x 10ml / Morphine 5mg / joint injection @ end ANCEF (FOR ALLOGRAFT ONLY)  Radiology: Have mini C-arm set up at beginning of case with pt. info. Takes two shots at end of case. Comes in same side.		Arthrex Shaver Arthroscopy lens Crall ACL Set ACL Targeting System ACL work station Camera and light cord	

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Dr.Gilmer uses Mayo stand for graft station, not the mini table

**ALLOGRAFT:** In freezer/Achilles Allograft at least 230. Retrieve 30 minutes before case. 1gm Ancef in 500ml NS soaked raytec. DO NOT TAKE OUT of inner sterile plastic. (DO NOT SOAK THE GRAFT, THIS WILL CAUSE IT TO SWELL AND FINAL MEASUREMENTS WILL BE INACCURATE.) Setup Graft table and make graft before patient in the room

## **Graft Prep:**

Graft Station, Tissue Clamp, Hook Clamp, Black Scissor, Knife, Sizing Block, Alice Clamp, Extra Purple Marker

**ACL Set:** 

Posterior retractor, Tib CL guide, Fib guide, parallel pin guide

HOLD ALL ACL IMPLANTS

Pump and Patient tubing

Medium Bump

Beath pins x4

Super Turbovac 90

4.0 Curved Torpedo shaver

Marking pen

Knee Cart-have in room, supplies are on cart. Open in the room when requested.

2/9/17 CW